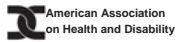


Bridging the Gap

No Woman Left Behind



Breast Cancer and Women with Disabilities



American Association
on Health and Disability



susan g.
komen
FOR THE CURE

Breast Cancer and Women with Disabilities

Women with disabilities are as likely to get breast cancer as women in the general population. Having a disability does not keep you from getting breast cancer.

Breast cancer can happen to you!

Early Screening Saves Lives!

- Women with disabilities are less likely to get regular clinical breast exams and mammograms.
- Some women with disabilities have more risk factors for getting breast cancer than women in general.
- Most women with breast cancer have no known risk factors.
- Have a clinical breast exam (CBE) at least every 3 years starting at age 20 and every year starting at age 40.
- Have a mammogram every year starting at age 40.
- When scheduling your clinical breast exam or mammogram, ask the appointment scheduler to allow extra time for you and explain your needs.
- Bring someone with you to the exam.
- Ask family members about your family history.
- Talk to your health care provider about your personal risk.

My last mammogram: _____

My next mammogram should be: _____



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