

# Using HIEs to Connect Behavioral and Physical Health: The Present and the Future

## SAMHSA Behavioral Health Information Technologies and Standards (BHITS) Behavioral Health IT Webinar Series

May 30, 2018

1:00 p.m. – 2:30 p.m.



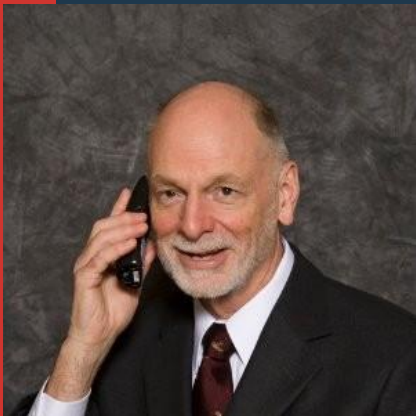
**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

# Housekeeping

- Webinar is being recorded and will be posted to SAMHSA's YouTube page
- We will provide participants with a PDF of the webinar PowerPoint slides
- All lines are muted—submit comments via chat
- Session will conclude with a Q&A session and a survey



# Using HIEs to Connect Behavioral and Physical Health: The Present and the Future



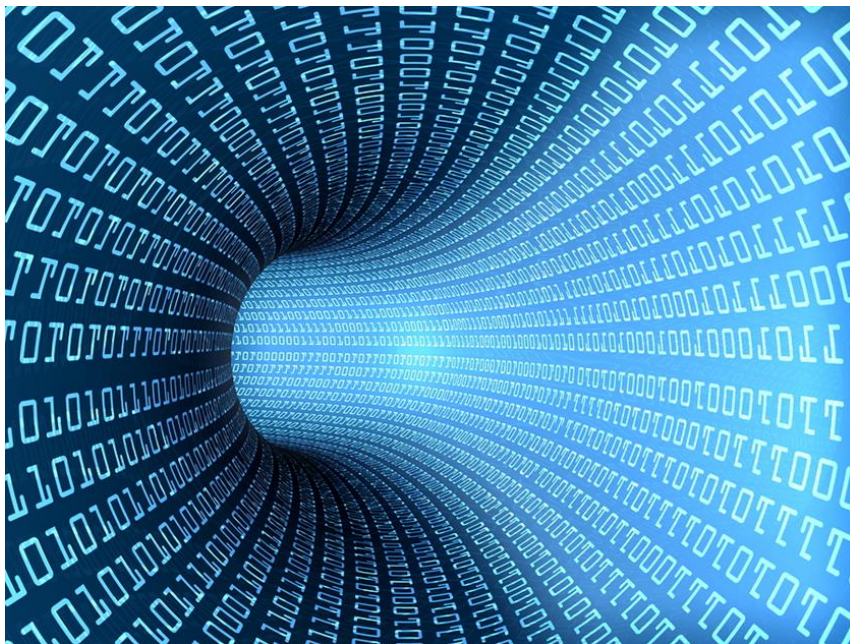
**Lyman Dennis, MBA, PhD**  
**Principal, El Dorado Health Consulting**  
**Executive Director, ConnectHealthcare (an HIO)**

# Lyman Dennis

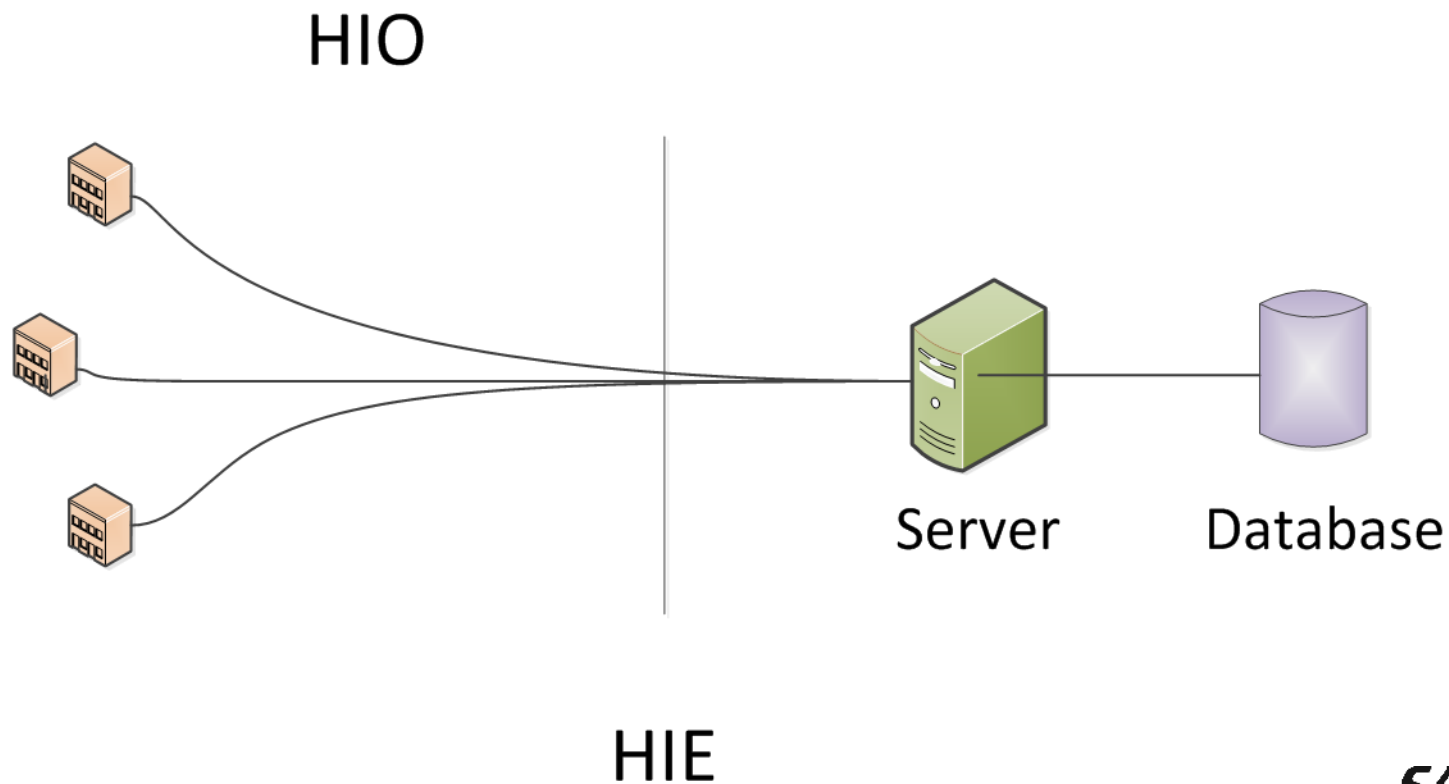
- Founder and Executive Director of ConnectHealthcare
- Was project manager for development of the Inland Empire HIE
- As CIO of Partnership HealthPlan of California, led development of an internal HIE using a repository model
- Served as chair for the 2005 HIMSS ambulatory interoperability showcase
- Drafted the “HIO Development Guide” for California Health eQuality
- Coauthored the HIMSS “Guide to Participating in Health Information Exchange”

# Section One:

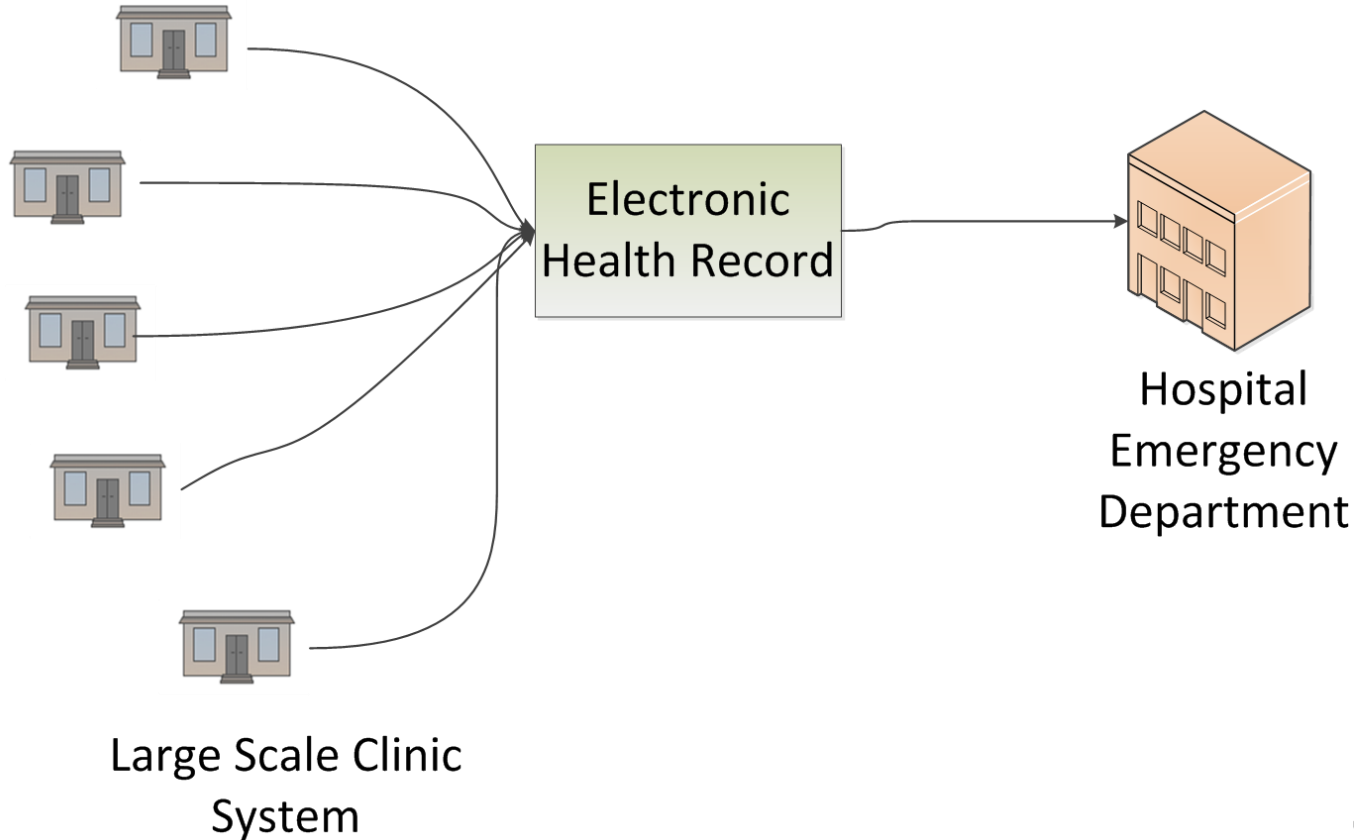
## Introduction to HIE, HIOs, and EHRs



# HIO vs. HIE



# Case Study



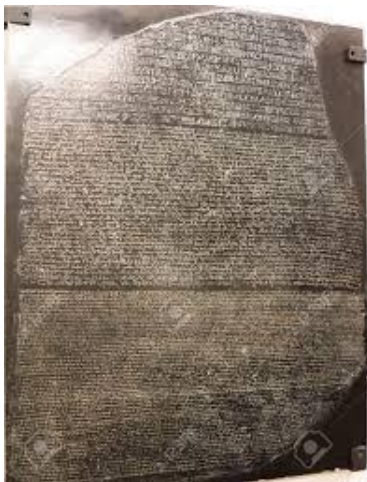
# Assessment, Controversy, and Retreat

- Confidentiality switch in EHR is three screens deep: home/advanced/structure. Not always used.
- BH leadership does not trust that BH staff will always turn the switch.
- IT agrees to run a screening program nightly to identify any substance use patient with the confidential switch off.
- Clinic agrees to seek authorization for data release from all patients.
- BH leader says risk is still too great.
- Hospital leadership says data (including substance use data) is needed to provide proper patient care.
- Clinic compliance officer says clinic should not provide files.

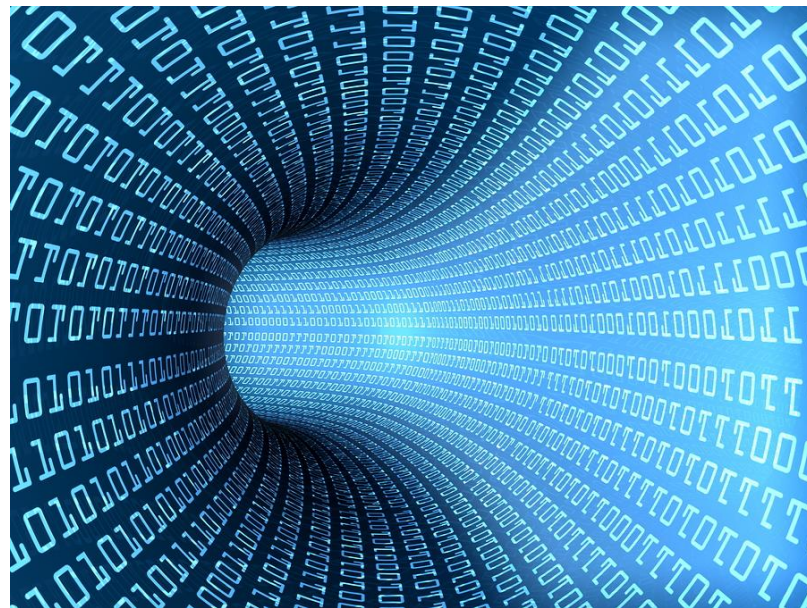


# This Webinar

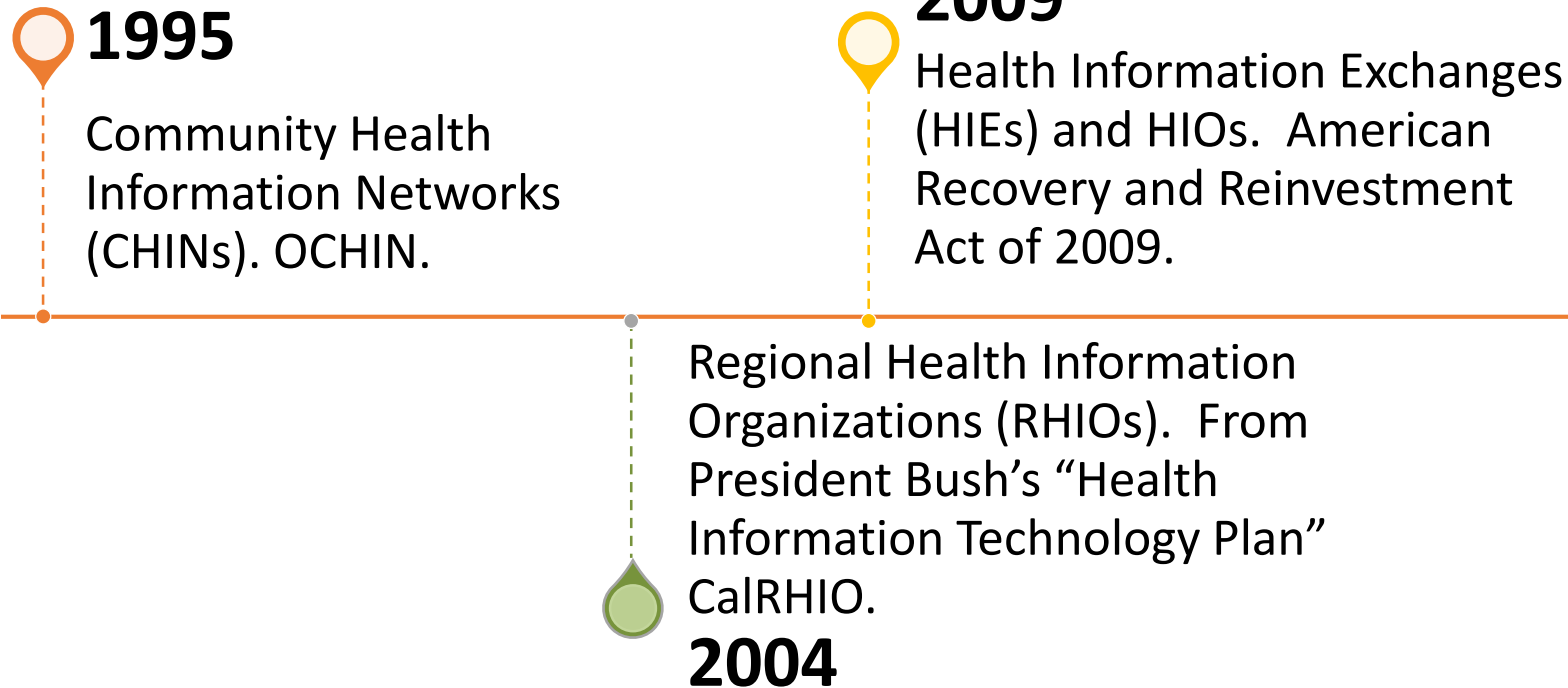
- History and status of HIE
- Business models and sustainability
- Challenges of behavioral health and HIE
- Predicting the future of HIE



## Section Two: History and Status of HIE



# HIE History



# Exemplars

## **Santa Barbara County Care Data Exchange, 1998**

- Dr. David Brailer / \$10 million from CHCF
- Closed in December 2006, several months after operations began
- Providers had not realized benefit
- No ongoing financial support

## **CalRHIO, 2005**

- Dr. Molly Coye, \$10M budget over 5 years
- Some work in Orange County
- In 5 years, unable to find a way forward
- CalRHIO and CAeHC were competitors to be the ARRA-designated agency but unable to reach agreement

# Exemplars, Continued

## Cal INDEX, 2014

- David Watson with \$80 million in funding from Blue Shield of California and Anthem Blue Cross
- Did not gain traction
- In early 2017, Cal INDEX merged with Inland Empire HIE to form Manifest MedEx, also with significant funding

# Types of HIE

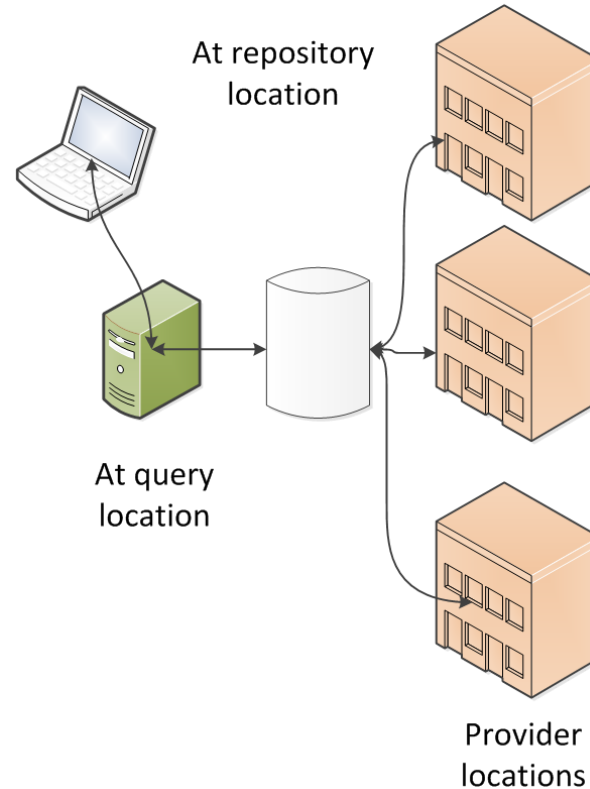
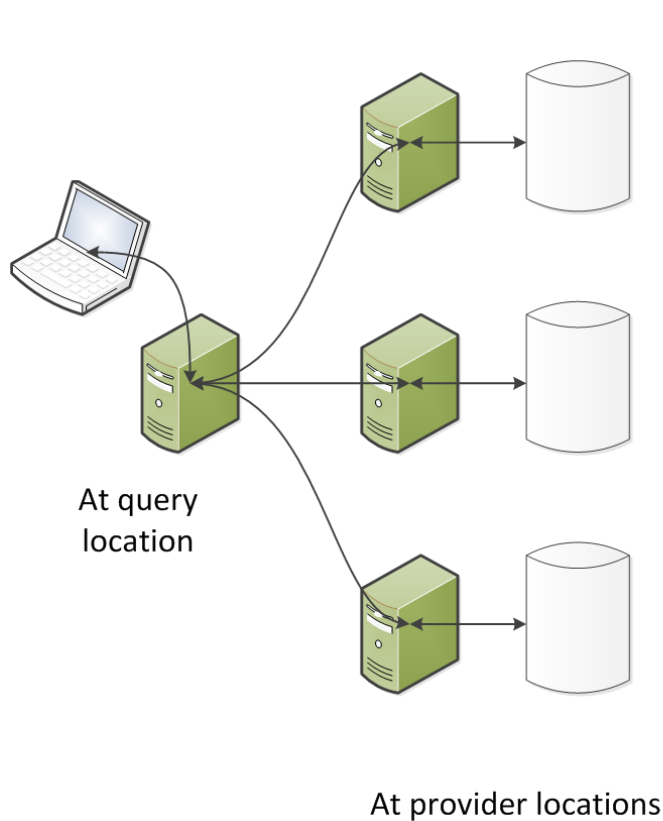
## Community HIE



## Enterprise HIE



# Federated Vs. Repository





# California: Urban Dense / Rural Sparse

Red = 3k+ pop. / sq. mile

Yellow = rural



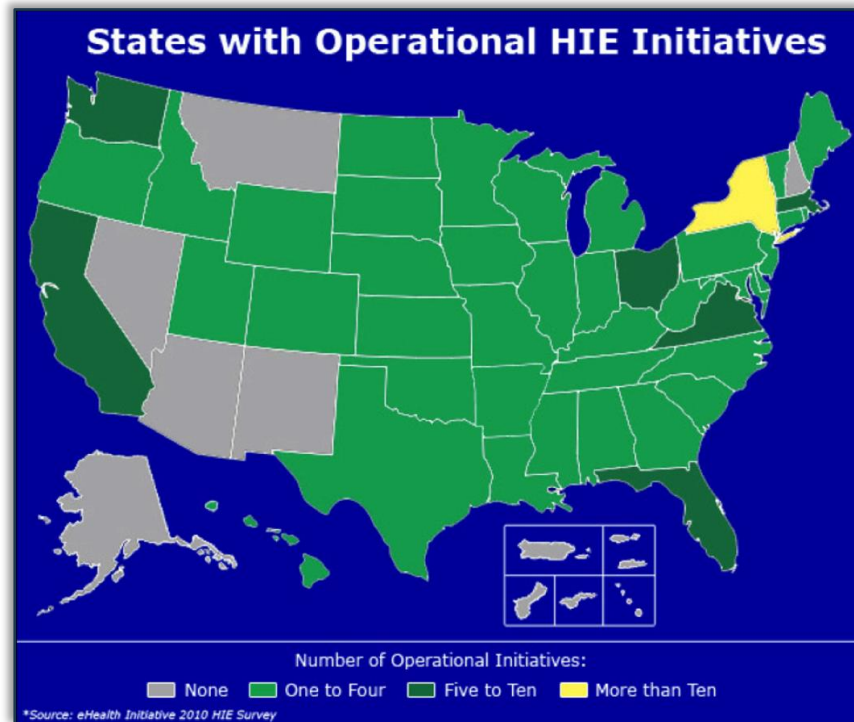


# HIOs and HIEs in California

- Central Coast Health Connect
- Central Valley HIE
- ConnectHealthcare
- Cottage Community HIE
- Lanes (LA)
- Manifest MedEx
- Marin Health Gateway
- NCHIIN (Humboldt)
- OCPRHIO (Orange Co.)
- RAIN Live Oak HIE
- Redwood MedNet
- San Diego Health Connect
- Santa Cruz HIO
- San Joaquin Community HIE
- SacValley MedShare

# National HIEs

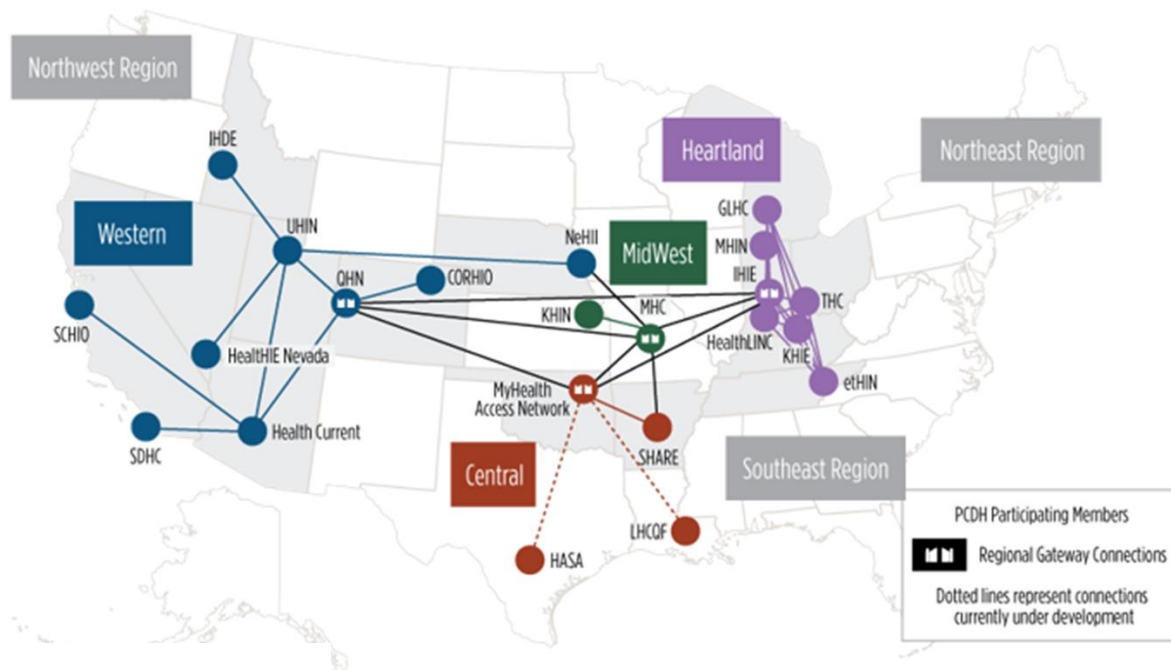
- 58 Regional HIEs in SHIEC
- Many Enterprise HIEs



# Variations in Data Exchange

Mode	Provenance	Strategy	Connections	Status
eHealth Exchange	ONC	Point-to-point	HIEs, agencies, providers	Clumsy, limited use
Carequality	Some EHR vendors	Web of links	EHR-to-EHR	90% acute
Commonwell	Cerner + other EHRs	Web of links	EHR-to-EHR	60% ambulatory
Epic Care Everywhere	Epic EHR (medical centers)	Connect Epic instances	Epic-to-Epic	Epi-to-Epic + Carequality
Regional HIEs	ARRA HITECH funding	Regional	Providers, others	Growing but unserved areas
Patient Centered Data Home	National assn of HIEs (SHIEC)	Link HIEs based on patient home zip	Regional to national	Growing but not yet soup
Emergency Dept. Info Exchange	Vendor's idea	National ED data repository	National repository	State-by-state growth

# Patient-Centered Data Home



20  
HIEs

# Trust Frameworks

- Agreement
- Certificates

## Examples

- Direct Trust (person-to-person)
- eHealth Exchange, Carequality, Commonwell (DURSA)
- Epic (Epic agreement)
- CTEN (CaIDURSA)
- TEFCA (new from ONC)



## Publicly Supported

- ARRA grants for many in 2013
- Some state HIEs
- Grants to supplement

## Member Supported

- Subscriptions
- Product fees
- Volume-based fees

## Payer Supported

- Payer quality bonus
  - Data contribution
  - Threshold
- Reimbursement tiers based on HIE participation



# Barriers to Participation in HIE



# The Future of HIE and Interoperability

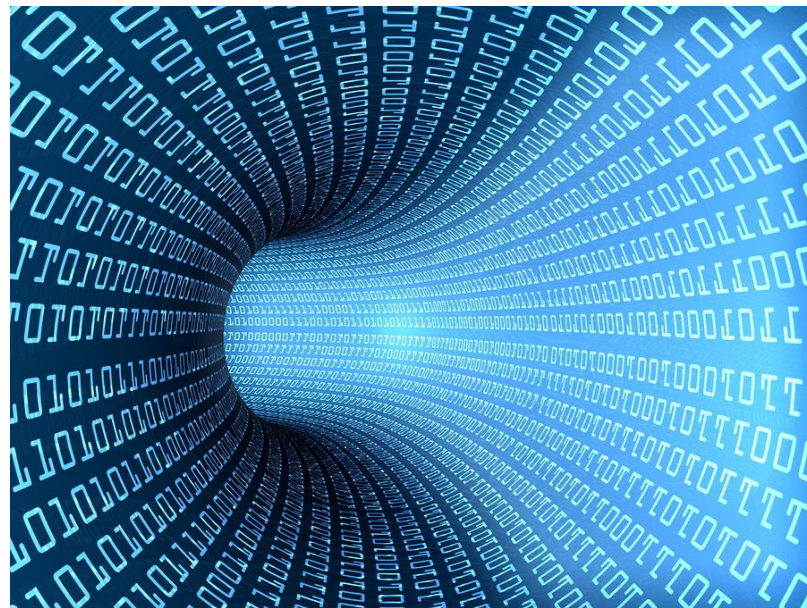
- No question about interoperability
- Unclear how different models will relate and which will thrive



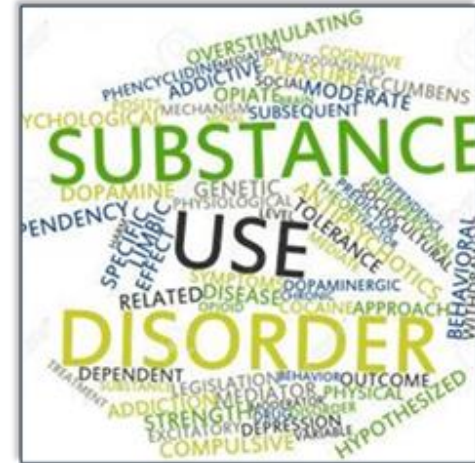


## Section Three:

# HIE and Behavioral Health



# Focus on Treatment



- All discussion is about treatment!
- Not about payment or health care operations.

# HIPAA



# Mental Health Information: HIPAA

- No transmission of professional notes
- Mental health information can move as physical health information (under HIPAA)



# Mental Health Information: California Law

## State Health Information Guidance



  
California Health & Human Services Agency

[Open Data Portal](#) [Let's Get Healthy](#) [DDS Task Force](#) [IST Workgroup](#) [CIE](#) [Innovation Plan](#) [Committees](#)

  
State of California  
Office of Health  
Information Integrity

### State Health Information Guidance (SHIG) on Sharing Behavioral Health Information

The Office of Health Information Integrity has posted a revised version of the State Health Information Guidance (SHIG)

**Effective February 2, 2018:** Due to the "Confidentiality of Substance Use Disorder Patient Records" (42 CFR Part 2) final rule published January 3, 2018, the required language documented in SHIG on pages 127 (Scenario 19), 135 (Scenario 21) and 152 (in Appendix 2) has been updated. Each disclosure made with the patient's written consent must be accompanied with ONE of the following written statements:

(1)

*"This information has been disclosed to you from records protected by federal confidentiality rules (42 CFR part 2). The federal rules prohibit you from making any further disclosure of information in this record that identifies a patient as having or having had a substance use disorder either directly, by reference to publicly available information, or through verification of such identification by another person unless further disclosure is expressly permitted by the written consent of the individual whose information is being disclosed or as otherwise permitted by 42 CFR part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose (see § 2.31). The federal rules restrict any use of the information to investigate or prosecute with regard to a crime any patient with a substance use disorder, except as provided at §§ 2.12(c)(5) and 2.65"*

#### CalOHII Navigation

- [CalOHII Home Page](#)
- [State Health Information Guidance \(SHIG\)](#)
- [2017 HIPAA Entity Status Assessment](#)
- [Compliance Review](#)
- [SHIPM - Statewide Health Information Policy Manual](#)
- [Federal/State Laws](#)
- [Resources](#)
- [About Us](#)
- [Contact Us](#)

# Primary California Laws

- Confidentiality of Medical Information Act (CMIA) CA Civil Code §56 et seq.
- CA Welfare and Institutions Code (WIC). Various including Lanterman-Petris-Short Act at §5328 et seq. (LPS)
- CA Health and Safety Code (HSC) including §11845.5, 123110 and 123125.
- CA Code of Regulations Title 9 – Rehabilitation and Developmental Services including §10568(c).

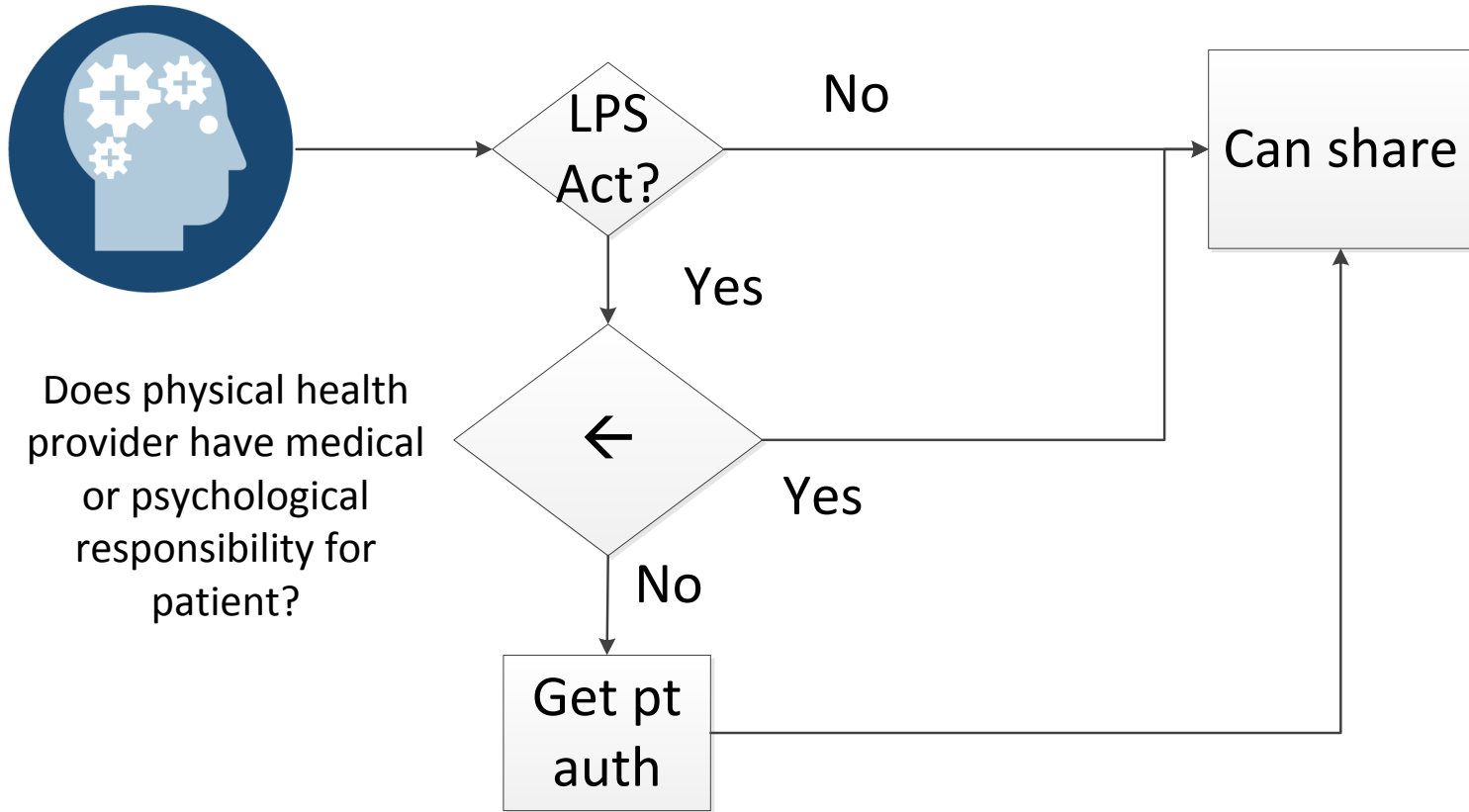


# Lanterman Petris Short Act

- Passed in 1967, 29 years before HIPAA envisioned electronic exchange of health information
- The Act applies to patients who are voluntarily or involuntarily treated in an institutional (non-private) setting.
- The Act ended long-term hospital commitment by the judiciary system, except for criminal sentencing such as for sexual offenders and the gravely disabled

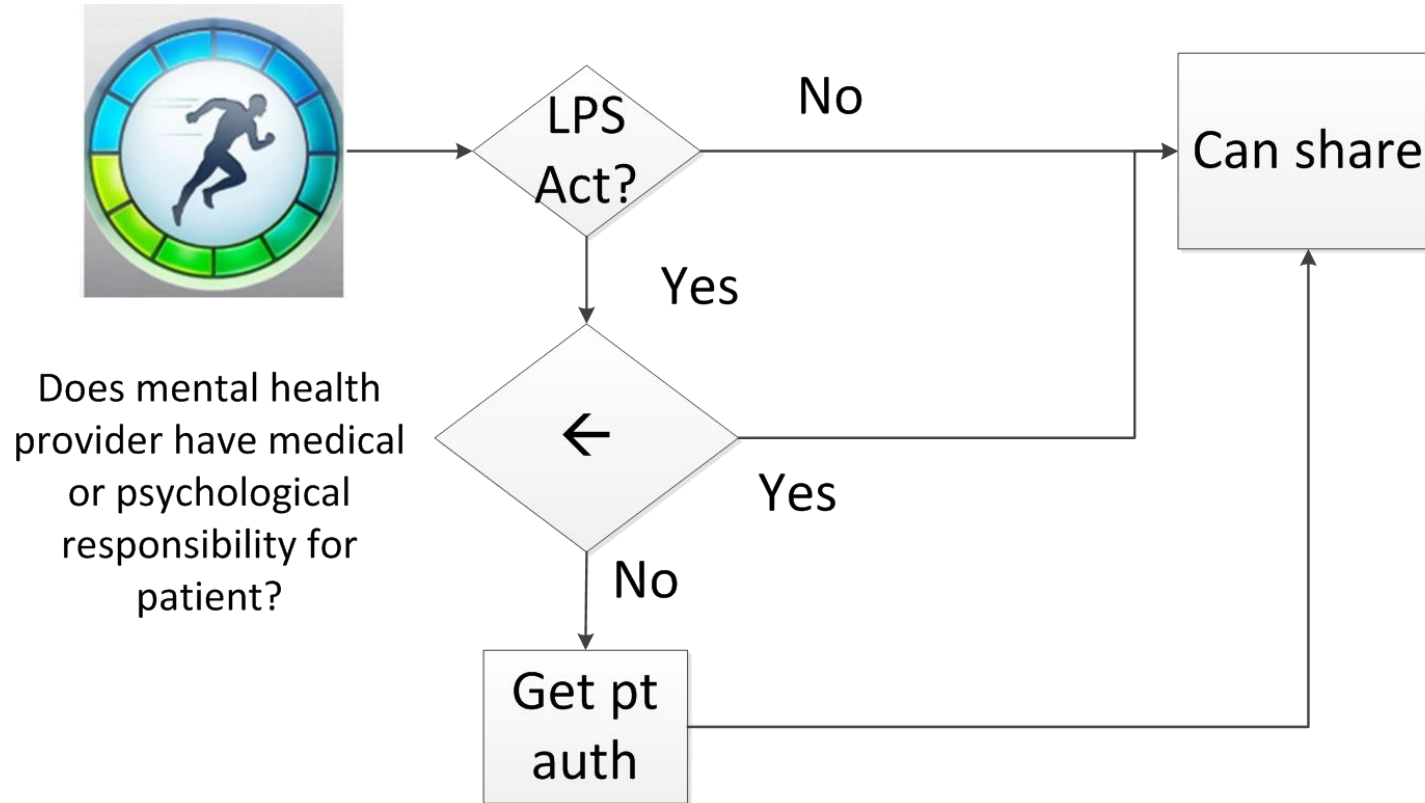


# Can a MH Provider Share Info with a Physical Health Provider?

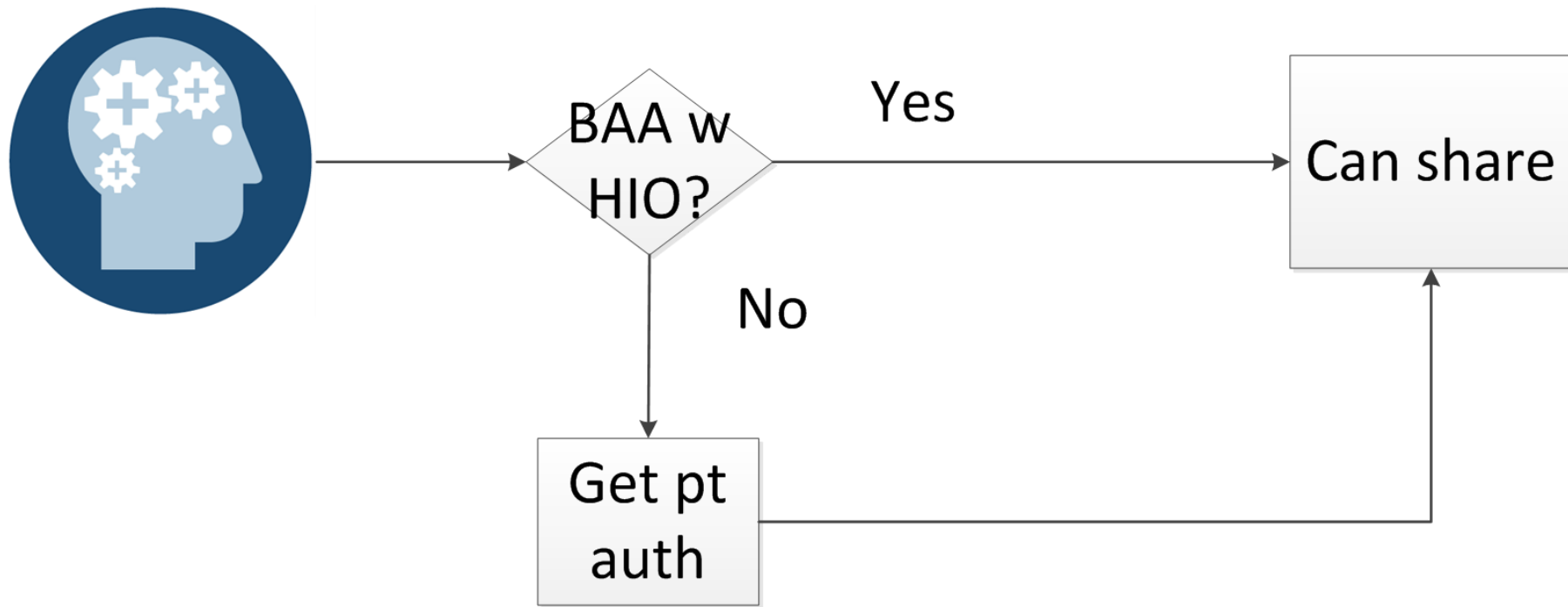




# Can a Physical Health Provider Share Info with a MH Provider?



# Can a MH Provider Share and Store MH Data in an HIO?



# Business Associate Agreement

A Business Associate Agreement is between a covered entity and a contractor (business associate) for the purpose of maintaining the security of protected health information and HIPAA compliance.



# Can an HIO Participant Entity Access MH Info from the HIO?

Q: Does HIO data recipient have medical or psychological responsibility for the patient?

Answer: Yes. May access patient data.

Q: Does the HIO data recipient have a BAA with the original data provider?

Answer: Yes. May access patient data.

Q: Is the information necessary for the recipient to file a claim?

Answer: Yes. May access patient data.

Q: Is the data needed to respond to a medical emergency?

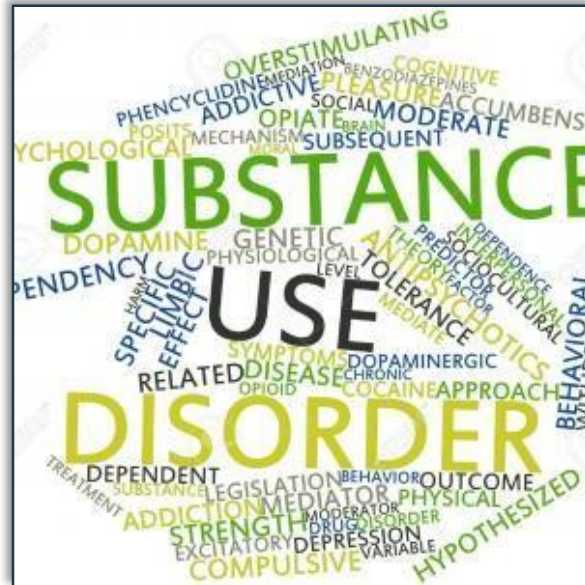
Answer: Yes. May access patient data.

Q: If no to all.

Answer: Authorization is required.



# Substance Use



# Can a SU Provider Share Info with another SU Provider?

## Provider not Subject to 42 CFR Part 2

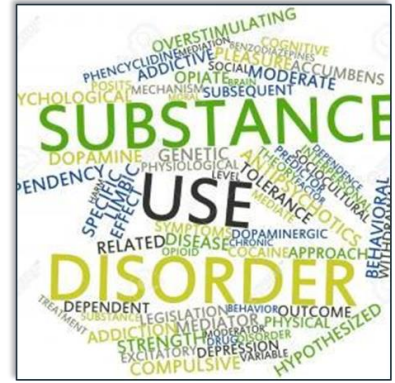
- General health information necessary for diagnosis and treatment may be shared

## Subject to 42 CFR Part 2

[(1) provider federally funded & (2) hold self out as SU treatment provider]

Does Provider belong to the Part 2 program or a QSO?

- Yes. Information can be shared.
- No. Patient authorization is required to share patient information.



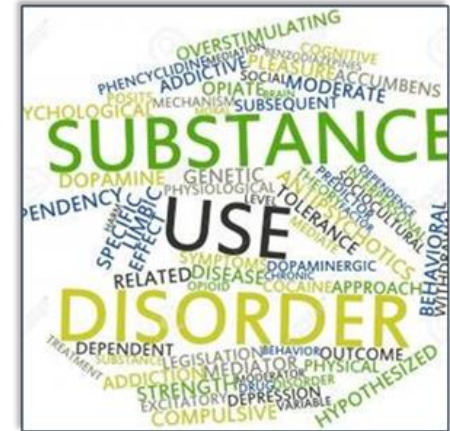
# Qualified Service Organization Agreement (QSOA)

- Provides administrative, professional, or clinical services to a Part 2 program under a written agreement.
- Indicates that the organization is bound by the regulations applying to the Part 2 program and that it will legally resist any attempt to obtain unauthorized access to the patient records.
- Parallel to a Business Associate Agreement.
- Cannot provide general medical services (e.g., primary care).



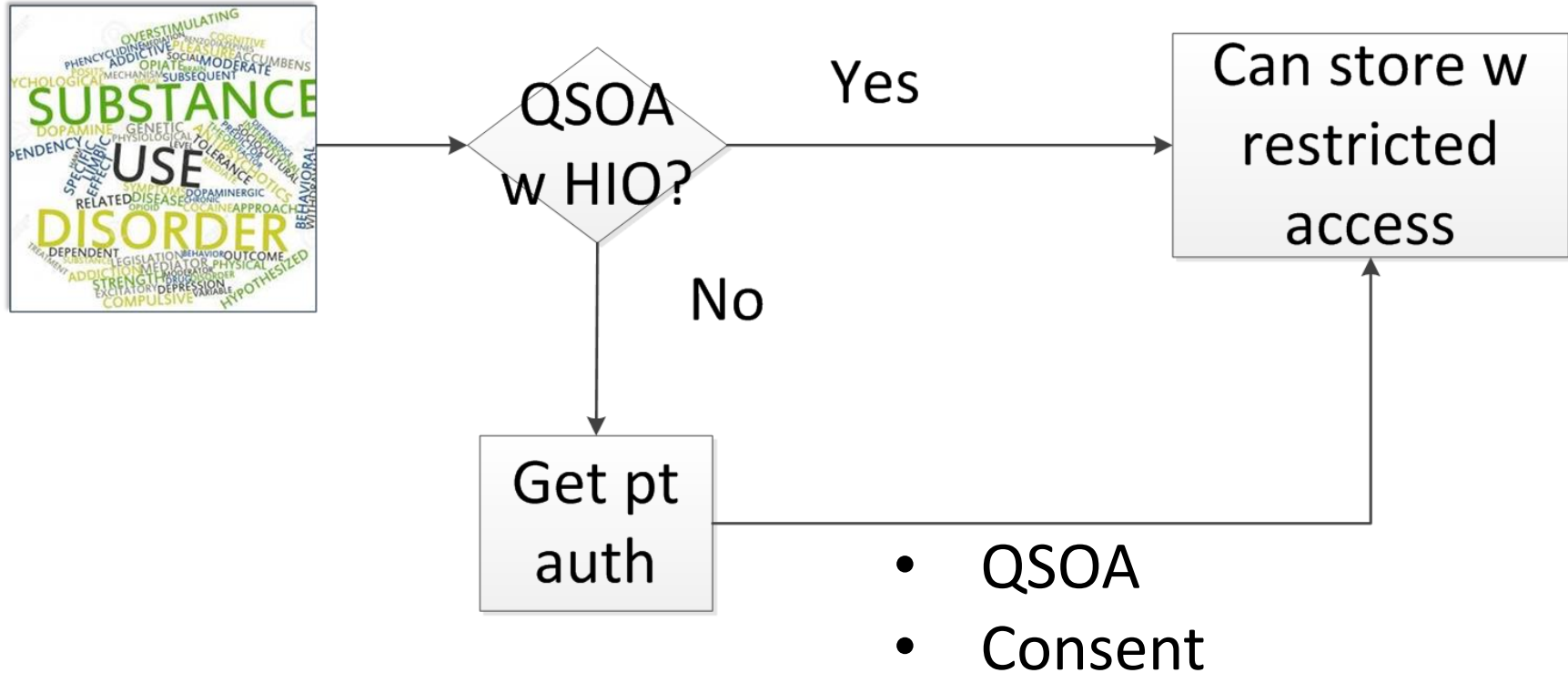
# Substance Use and HIE

## SAMHSA 42 CFR Part 2





# Can a SU Provider Store Data on an HIO?



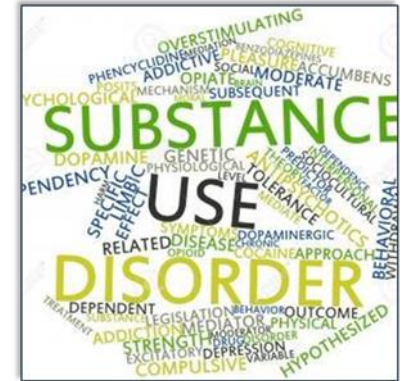
# What SU Info can a Provider Store on an HIO?

Without authorization, a SU program can disclose to an HIO:

- ✓ Patient demographics
- ✓ Diagnosis
- ✓ Prognosis
- ✓ Treatment information

For use by treatment/prevention professionals:

- ✓ In the same facility or program
- ✓ In the same qualified service organization with authorization



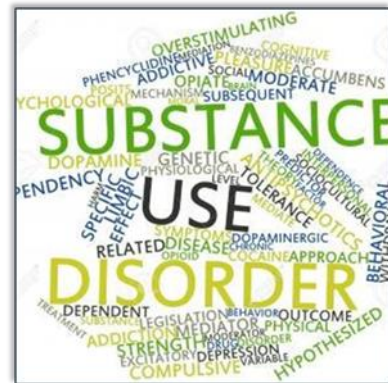
# Can an HIE Participant Access SU Patient Data from an HIE?

Q: Is the HIO data recipient employed by the QSO for the patient's substance use program?

Answer: Yes. Recipient may access patient SU Info.

Other rare situations...

If No to all above, authorization is required.

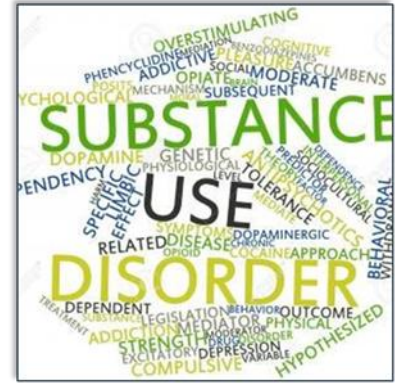


# Consent Options

## To Whom:

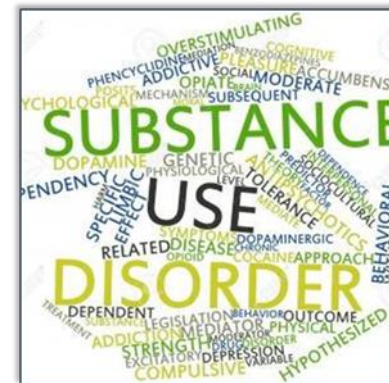
1. Name of an individual
2. Name of an entity w treating provider relationship with patient
3. Name of an entity not a treating provider such as an HIE plus:
  1. Name of a participants
  2. Name of an entity
  3. General designation, e.g., “all my treating providers”

HIE must track the list of disclosures to whom made.



## Amount and Kind of Information to Disclose

- “All of my substance use disorder records”
- Not “all of my records”

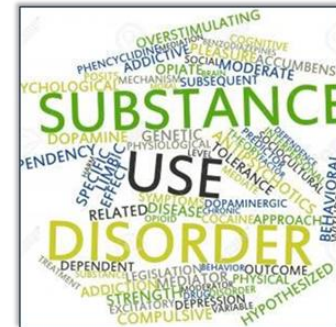




# Redisclosure

Q: Must a Part 2 program notify the HIO that it may not redisclose data without patient consent?

Answer: Each disclosure with written patient consent must include a notice that the data may not be further disclosed without written consent. A specified paragraph must be used.

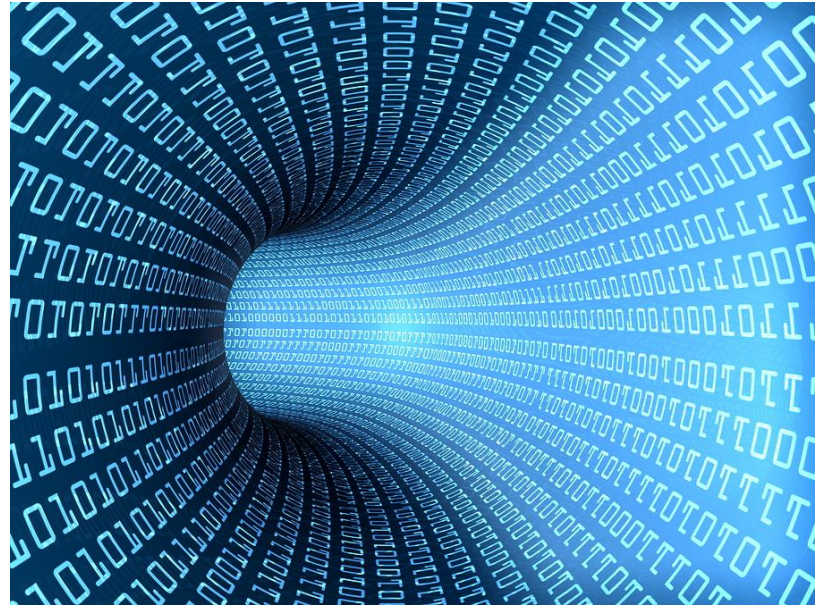


Q: Can a single consent form be used for the disclosure to the HIO and for redisclosure to other identified parties such as HIO members?

Answer: Yes, if the purposes of the disclosures are the same. The redisclosure paragraph is required for each subsequent redisclosure.

## Section Four:

### HIOs in California and Beyond





# BH HIOs in California and Beyond

HIO participants decide

- How to submit data as physical health or behavioral health and
- What to submit

Data retained in separate databases



Behavioral health participants have access to both systems



# Santa Cruz County Behavioral Health Division

- Bringing up Netsmart connection to HIE
- In both systems



# San Joaquin Community HIO

## Participants

- County hospital
- County BH program
- Other provider organizations & local payer

## Data from County BH program

- BH data provided to HIO accessible based on user role
- First County BH department in CA to contribute data to a community HIO



# San Joaquin Behavioral Health Approach

Limited Mental Health data set shared

- Demographics, diagnoses, medications, allergies, and lab results
- No substance use information (42.CFR.2) or psychotherapy notes
- Data filtered on way out of EHR & further segmented in HIE

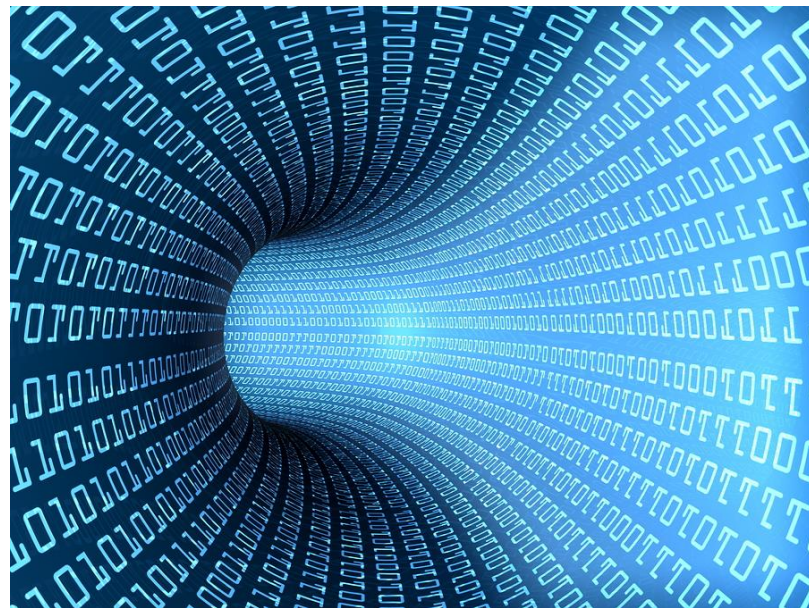
Opt-in, whereas rest of HIE is opt-out

- 97 percent opt-in rate to date
- Consent status captured via electronic signature, transmitted from EHR to HIE through ADT interface



## Section Five:

# Consent2Share Solution

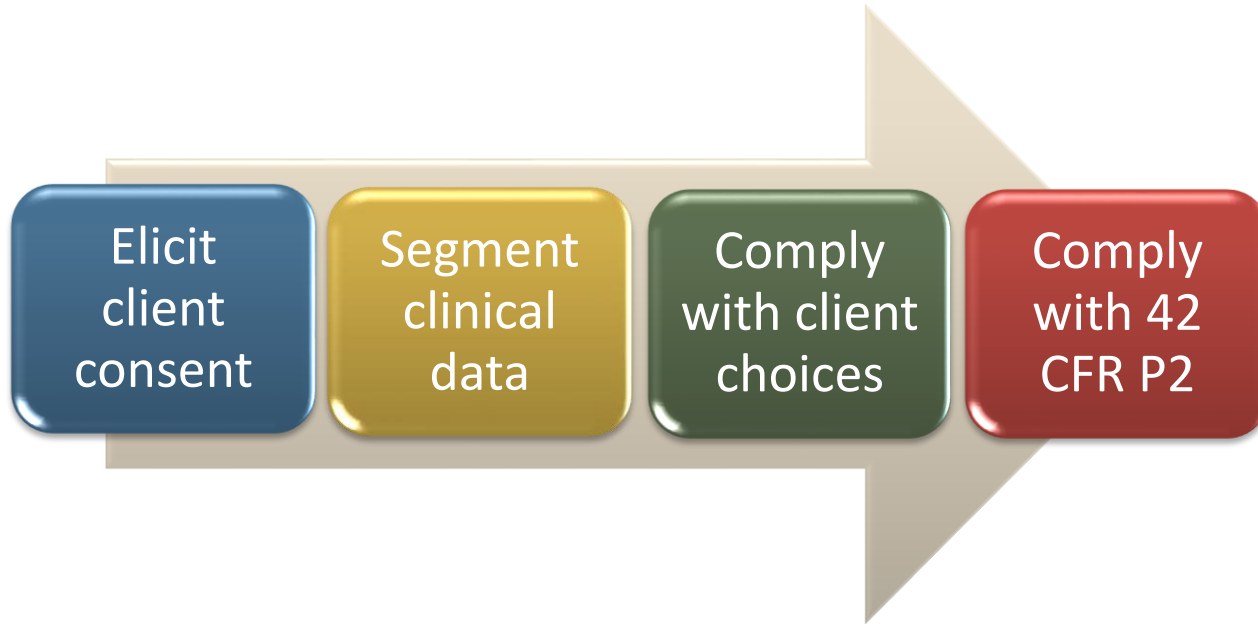


# Consent2Share

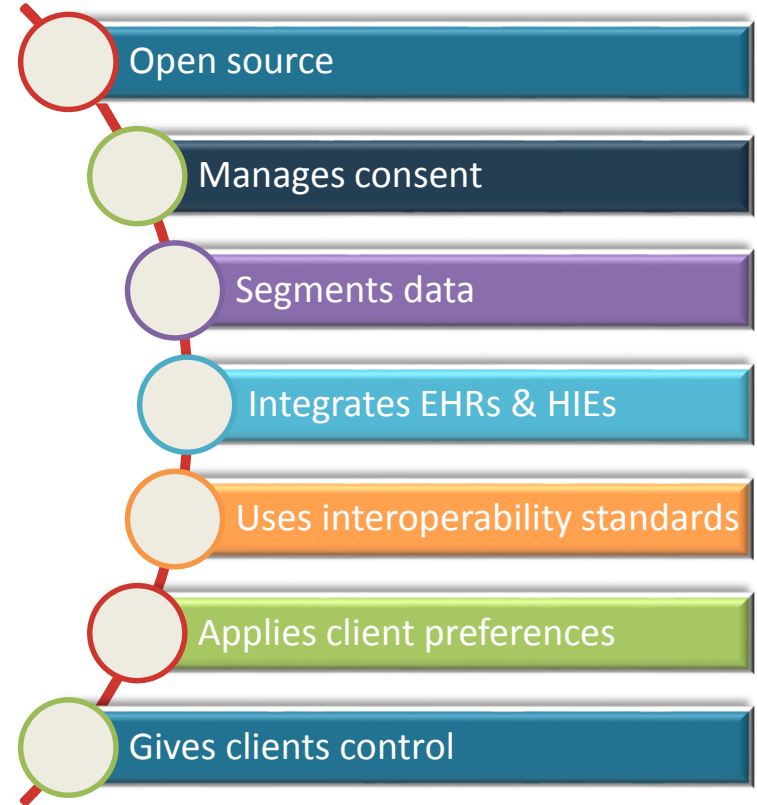
- An open-source software application
- Allows patients to specify online what BH health information they would like to share with primary care and specialty physicians



# Need for Data Segmentation & Consent Management



consent<sup>2</sup>share





# Consent2Share Organizational Considerations

- Need for highly skilled staff
- New policies, procedures, workflows
- New processes
- Patient and staff education
- Patient access to computers, tablets, electronics to enter preferences
- Implementation plan for an HIE: 1 year, about \$600k



# Consent2Share Implementation Tools

## For Staff, Counselors, and Physicians

- Waiting room video
- Flyers for Offices and Group Rooms
- Client Brochures
- FAQs
- Client instructions for completing Consent2Share Policy
- Consent2Share Website



## For Clients

- Patient Journey Map
- Staff workflows for Counselors and Front Desk
- Staff roles and responsibilities
- Staff instructions for creating client accounts
- Scripts and talking points for staff and providers
- Training and Consent2Share demo
- Consent2Share Website overview

# Future of Behavioral and Physical Health and HIE Maryland

## Before Consent2Share

- ✓ Poor communication between Behavioral Health and Primary Care
- ✓ Fragmented care coordination
- ✓ Less than optimal health outcomes

## After Consent2Share

- ✓ Patient wishes in Consent2Share mediate the data exchanged



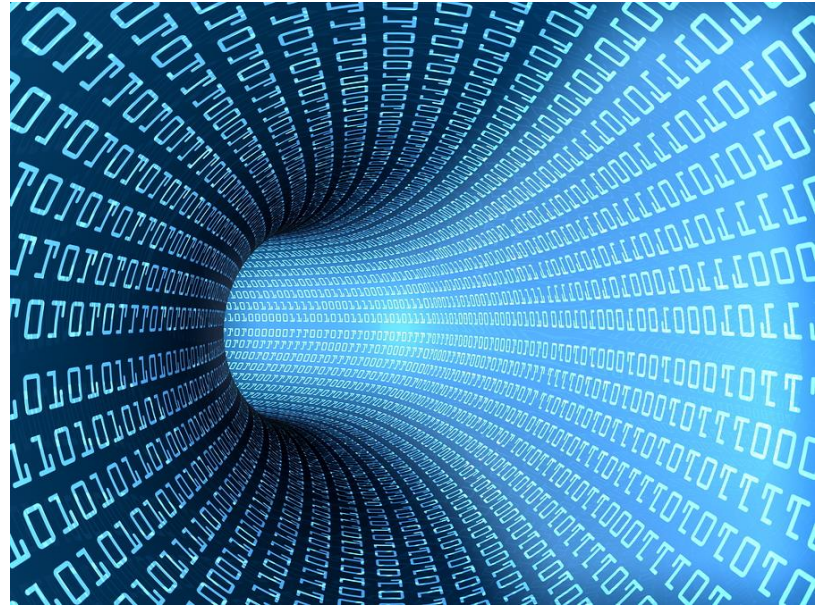
# Opinion of Leader

- Consent2Share needs to be a utility
- Talking to CRISP (Maryland HIE)
- PCPs need to participate but shy away from charges
- Examples
  - ✓ Patient with diabetes to ED – did not get his methadone
  - ✓ Drug addict to ED – ED did not know he was a diabetic
  - ✓ Patient to ED and meds not known

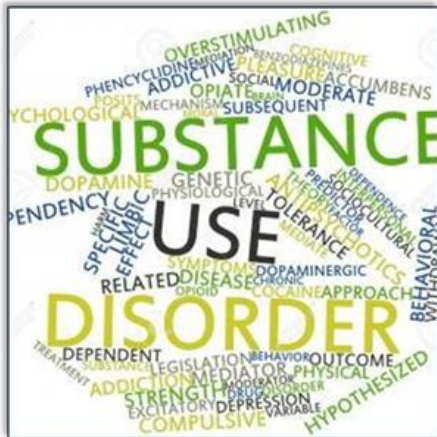


## Section Six:

# Future of Behavioral and Physical Health and HIE



# Future of Behavioral and Physical Health and HIE



# First Cause of Death under 50

- ✓ Hydrocodone
- ✓ Hydromorphone
- ✓ Oxycodone
- ✓ Oxymorphone



# Dangerous to Treat a Patient Without Knowing:

- Problem List
- Medications
- Lab Results
- Allergies





# Changing Mores, Regulations, and Technologies

- Lucia Savage, former Chief Privacy Officer, ONC
  - ✓ “Important to keep rules simple and in harmony with HIPAA.”
- Occasional bills to simplify SAMHSA approach
- Trade off between number of people who die because information not present and protecting reputations of substance users
- Would it be better to outlaw discrimination rather than data sharing?

# Predictions About the Future of HIE



# Prediction

- If data exchange is allowed under HIPAA and other laws, and the quality of the patient's care depends on access to that data, there is a moral imperative to share it.
- Patient well-being should trump perceived risk of disclosure or misinterpretation of privacy laws.
  - Robert Moore, MD, MPH, MBA

## Prediction: Within 5 Years

- “Within 5 years, all patient data will be completely integrated and available for the treating provider.”
  - Bill Beighe, Santa Cruz HIO
  - Lyman Dennis, ConnectHealthcare

# For More Information

Lyman Dennis

Principal

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# Questions & Answer Session



Q & A

# Technical Questions



If you have questions for SAMHSA, please email us at [samhsa.hit@samhsa.hhs.gov](mailto:samhsa.hit@samhsa.hhs.gov)

# Upcoming Behavioral Health IT Webinars

- June
- July
- August
- Listserv Announcements





# Thanks!

