

Recovery *LIVE!*

Supervision of Peer Workers: Experiences from the Field

Moderated by Cheryl Gagne, SAMHSA BRSS TACS

Speakers:

Onzie Travis

Certified Peer Specialist Supervisor, Omni Health Services

Zohreh King

Director of Recovery Services, North Suffolk Mental Health Association

July 26, 2018, 2:00–3:00 pm ET



SAMHSA
Substance Abuse and Mental Health
Services Administration

Bringing Recovery Supports to Scale Technical Assistance Center Strategy

This presentation was supported by contract number HHAA2832012000351/HHSS28342002T from the Substance Abuse and Mental Health Services Administration (SAMHSA). The views, opinions, and content of this presentation are those of the presenters and do not necessarily reflect the views, opinions, or policies of SAMHSA or the U.S. Department of Health and Human Services (HHS).

Today's Presenters

Onzie Travis

Certified Peer Specialist Supervisor, Omni Mental Health Services

Zohreh King

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Housekeeping Items

- Phone lines will be MUTED. Please participate using the “Comments and Questions” chat box.
- You can post questions any time during the presentation.
- The session is scheduled for 60 minutes and is being recorded. The recording link, which reflects today’s chat, will be shared with all registrants.

Onzie Travis

- Preparing peers to use supervision well
- Preparing supervisors to provide effective supervision



Zohreh King

- Hiring, retaining and integrating peer staff
- Building peer community within an organization



Open Discussion



Resources

Guides and Toolkits for Peer Supervision

Meaningful Roles for Peer Providers in Integrated Healthcare: A Guide

http://www.casra.org/docs/peer_provider_toolkit.pdf

Program Development Guide: Ongoing Monitoring, Supervision and Support

<http://peersforprogress.org/resource-guide/ongoingmonitoring-supervision-and-support>

Peer Support Toolkit

<https://dbhids.org/peer-support-toolkit>

(For a quick tutorial in how to use the Peer Support Toolkit, watch this YouTube video:

<https://youtu.be/linLpwRvcMs>)

Supervisor Guide: Peer Support Whole Health and Wellness

https://www.integration.samhsa.gov/Supervisor_Guide_to_Peer_Support_Whole_Health_and_Wellness_-c-_2013.pdf

Resources

Self-care – 5-minute guided meditation (2 videos)

- <https://www.youtube.com/watch?v=dEzbdLn2bJc>
- <https://www.youtube.com/watch?v=utfw-rJUvy4>

Tips for Stress Reduction

https://www.nimh.nih.gov/health/publications/stress/5thingssshldknowaboutstress-508-03132017_142898.pdf

Words Matter: How Language Choice Can Reduce Stigma

<https://www.samhsa.gov/capt/sites/default/files/resources/sud-stigma-tool.pdf>

TIP 57: Trauma Informed Care in Behavioral Health Settings

<https://www.store.samhsa.gov/product/TIP-57-Trauma-Informed-Care-in-Behavioral-Health-Services/SMA14-4816>

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