Introducing the National Center on Advancing Person-Centered Practices and Systems

Overview and Technical Assistance Opportunities for States, Tribes, and Territories | January 29, 2019

NCAPPS

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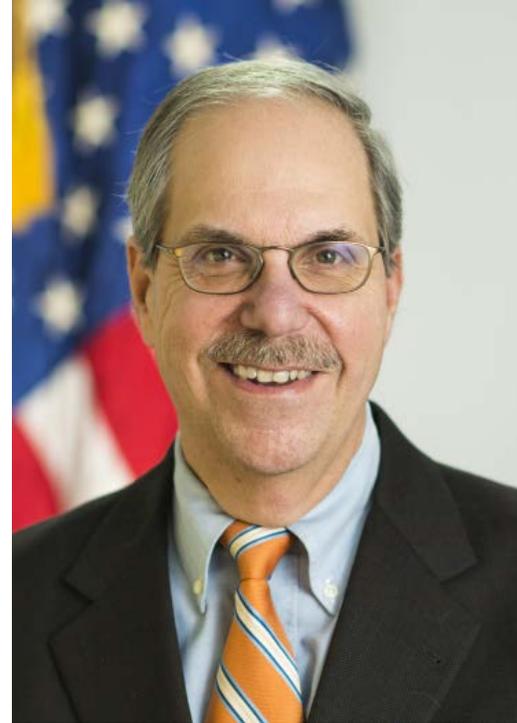**access code: 729994140**

OPENING REMARKS

Lance Robertson

Health and Human Services (HHS) Assistant Secretary for Aging and Administrator - Administration on Community Living (ACL)

Mike Nardone

Director, Disabled and Elderly Health Programs Group (DEHPG)

Center for Medicaid and CHIP Services (CMCS)

Centers for Medicare & Medicaid Services

AGENDA

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Goals and Priorities
National Partners
Subject Matter Experts
PAL-Group

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NCAPPS OVERVIEW

What is person-centered thinking, planning, and practice?

Person-centered *thinking*

- A foundational principle requiring consistency in language, values, and actions
- The person and their loved ones are experts in their own lives
- Equal emphasis on quality of life, well-being, and informed choice

Person-centered *planning*

- A methodology that identifies and addresses the preferences and interests for a desired life and the supports (paid and unpaid) to achieve it
- Directed by the person, supported by others selected by the person

Person-centered *practices*

- Alignment of services and systems to ensure the person has access to the full benefits of community living
- Service delivery that facilitates the achievement of the person's desired outcomes

NCAPPS Goals and Priorities

NCAPPS Goal: *Promote systems change that makes person-centered principles not just an aspiration but a reality in the lives of people across the lifespan*

Key Priorities:

- Participant and family engagement
- Cultural and linguistic competence
- Cross-system collaboration

…transforming how we think, plan, and practice

NCAPPS is for...

States, Tribes, and Territories

Systems for people with disabilities and older adults with long-term service and support needs, including

- Brain injury
- Intellectual and developmental disabilities
- Aging and disability
- Behavioral health

Person-Centered Advisory and Leadership Group (PAL-Group)

- Majority are people with direct lived experience of navigating HCBS systems

- Building membership now with strong focus on diversity of perspectives, experiences, and backgrounds

- Promotes and actualizes participant engagement in all NCAPPS components and activities

- Meets twice per year with additional ad hoc meetings and communications

- As subject matter experts, members will contribute to webinars, resource development

"

Person-centered planning ensures that people with disabilities are able to live the life they want."

Robyn Powell, MA, JD
Lurie Institute for Disability Policy at The Heller School for Social Policy & Management, Brandeis University
PAL-Group Member

"One of our most important rights as human beings and sovereign citizens is the right to pursue our goals, our dreams, our loves and the things that make us happy. This is something that all people want and need. It fulfills us and makes our lives more rich and valuable. Person-centered planning is a thoughtful, research-based and beautiful process which helps provide the foundation for people with disabilities to also experience the joys of a living a self-determined life. The work of NCAPPS is vital as a mechanism for the proliferation of best practices for person-centered planning throughout the nation and to provide people with disabilities, their families, and practitioners with the tools to make this all possible. The work of NCAPPS is some of the most timely and relevant work taking place in the disability community today."*

Kimberly R. Mills, Ph.D., BCBA-D

Senior Executive Director – Virgin Islands University Center for Excellence in Developmental Disabilities (VIUCEDD)

PAL-Group Member

" *I am passionate about the work of NCAPPS as many in my community (people with disabilities) have felt disempowered regarding decisions concerning their treatment, well-being, and quality of life and have not been given the necessary knowledge to make true informed choices about their care. Collaboration between providers and patients through person-centered planning is vitally important to best achieve a person's desired outcomes and enhance one's quality of life."*

Martha Barbone, Certified Peer Specialist
PAL-Group Member

NCAPPS Leadership Team

Administration for Community Living (ACL):

- Shawn Terrell
- Serena Lowe
- Thom Campbell
- Joseph Lugo

Centers for Medicare & Medicaid Services (CMS)

- Amanda Hill
- Melissa Harris

Human Services Research Institute (HSRI)

- Alixe Bonardi
- Bevin Croft
- Melissa Burnett
- Teresita Camacho-Gonsalves
- David Hughes
- Valerie Bradley
- Julie Bershadsky
- Yoshi Kardell

National Organization Partners

- National Association of State Head Injury Administrators (NASHIA)

- National Association of States United for Aging and Disabilities (NASUAD)

- National Association of State Directors of Developmental Disabilities Services (NASDDDS)

- National Association of State Mental Health Program Directors (NASMHPD)

- National Association of County Behavioral Health and Developmental Disabilities Directors (NACBHDD)

- National Association of Medicaid Directors (NAMD)

Subject Matter Experts

- Georgetown National Center for Cultural Competence

- Support Development Associates

- University of Missouri Kansas City Institute for Human Development

- Independent Living Research Utilization and the National Center for Aging and Disability

- Mission Analytics

- Applied Self Direction

- Collective Insight

- Live & Learn, Inc.

- Lydia X.Z. Brown, JD

- Joe Caldwell, PhD

- Suzanne Crisp

- Dee O'Connor, PhD

- Janis Tondora, PsyD

…and others

NCAPPS COMPONENTS

Potential NCAPPS Topics (a partial list)

- Service user and family engagement methods to promote system responsiveness and accountability

- Payment structures that incentivize use of person-centered practices

- Enhancing cultural and linguistic responsiveness in person-centered practices

- Aligning policies and procedures across systems and programs to promote person-centered practices

- Using technology to enhance person-centered practices

- Structural, process, and outcome measures to incentivize and evaluate person-centered practices

NCAPPS Resource Domains
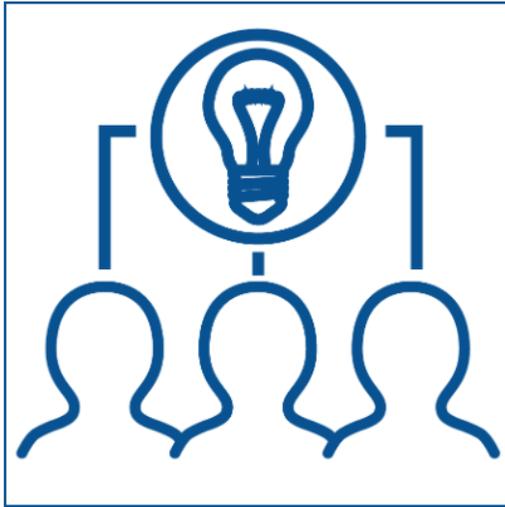
Education and Awareness

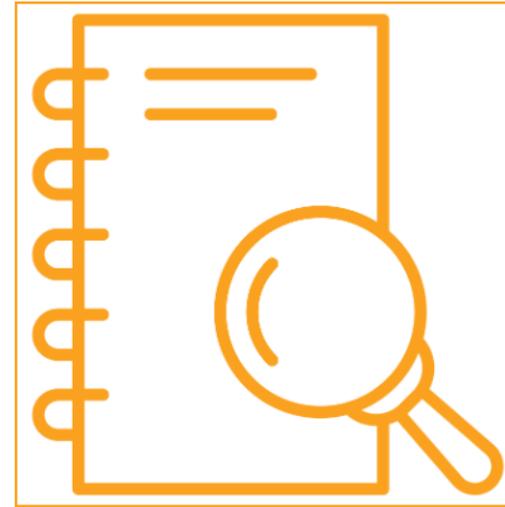**Technical Assistance and Training**

Policy and Research

Quality and Service Delivery

- published articles and reports
- practical tools and frameworks
- recorded webinars and slides
- validated scales and measures

- person-centered planning resources
- links to partner orgs and related initiatives
- federal guidance on person-centered thinking, planning, and practice

NCAPPS Webinars

- Delivered by national experts
- Coordinated and hosted by HSRI
- Free and open to the public
- Topics derived from technical assistance, Learning Collaboratives, and priorities identified by the PAL-Group

Listserv and Communications

- Central mailing list to share NCAPPS news and resources

- Subscribe by sending an email to NCAPPS@acl.hhs.gov

- Working on developing a social media presence

Learning Collaboratives

- Goal: Promote peer-to-peer learning

- Structured group work

- Topic-specific, for example
  - Expanding expectations of person-centered practices through participant and family engagement
  - Cultural and linguistic considerations
  - Aligning financing to support delivery of person-centered supports

- Membership open to technical assistance recipients and other system stakeholders with expressed interest
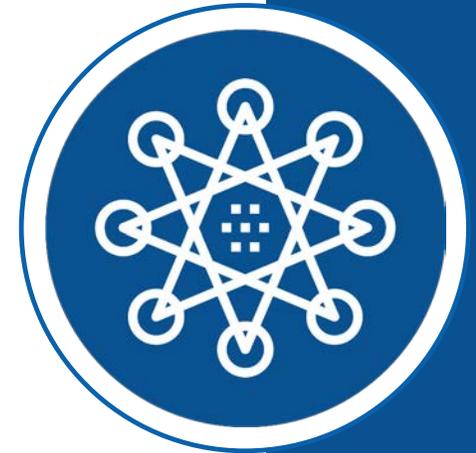
TECHNICAL ASSISTANCE

Technical Assistance Overview

Goal: *Support systems change efforts so the participant and family are at the center of thinking, planning, and practice*

- Available to up to 15 States, Tribes, or Territories each year

- Up to 100 hours per year for three years

- Delivered by national experts based on a detailed technical assistance plan

Technical Assistance Domains & Examples

- **Practice** – selecting and developing training, setting practice guidelines, culturally and linguistically responsive approaches

- **Policy** – adopting requirements for person-centered planning, issuing policy guidance

- **Payment** – adjusting service parameters and rates, implementing alternative payment models, use of quality measures

- **Participant Engagement** – supporting participants to serve on oversight boards, incorporating feedback into program design, culturally and linguistically responsive engagement

Technical Assistance Application

1. Brief application due February 12, 2019

2. Applicants will schedule a call with HSRI to complete the request

NCAPPS will prioritize applications that:

- **Demonstrate cross-system partnerships**
- **Emphasize robust participant engagement** in all aspects of systems change efforts

Technical Assistance Expectations

With HSRI support, selected technical assistance recipients will:

- Develop **concrete goals and objectives** based on one or more technical assistance domains (practice, policy, payment, participant engagement)

- Create an **evaluation plan** for collecting, analyzing, and reporting whether and how each technical assistance goal will be met

- Establish **strategies for meaningful participant and family engagement** in the technical assistance process and all systems change efforts

PLEASE TYPE YOUR QUESTIONS INTO THE "Q&A" BOX

Thank you.
Stay in touch at https://ncapps.acl.gov

NCAPPS is funded and led by the Administration for Community Living and the Centers for Medicare & Medicaid Services and is administered by HSRI.