

# SYMPTOMS OF BLOOD CLOTS

## IN THE LEG OR ARM



### KNOW THE SIGNS!

- 1 SWELLING, USUALLY IN ONE LEG OR ARM



- 2 A CHANGE IN YOUR SKIN COLOR



- 3 PAIN OR TENDERNESS THAT FEELS LIKE A CRAMP



- 4 SKIN THAT FEELS WARM TO THE TOUCH

Learn more at [www.aahd.us/vte](http://www.aahd.us/vte)

