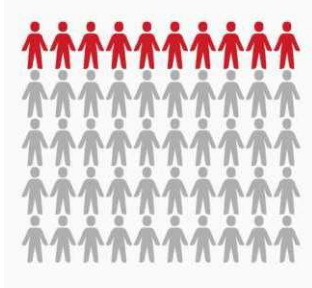


Blood Clots



13.7%

of U.S. adults have trouble walking or climbing stairs. That is a big risk for blood clots!

Know Your Risks:

- COVID-19
- Trouble moving
- Smoking
- Overweight or Obese
- Hormone Therapy
- Surgery
- Cancer



No. of Cases



900,000 people in the US get a blood clot every year

Recurring



3 out of 10 of the people who have had a blood clot will have another one within 10 years

Deaths



100,000 people die of a blood clot per year (more than HIV and car accidents combined)

SIGNS AND SYMPTOMS

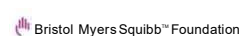
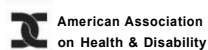
In Leg/Arm

- Swelling, often in one leg or arm.
- A change in your skin color.
- Pain or tenderness that feels like a cramp.
- Skin that feels warm to the touch.

In Lung

- Fast or unusual beating of your heart.
- Trouble breathing/shortness of breath.
- Chest pain, during deep breaths.
- Unexplained coughing or coughing up blood.

Learn more at www.aahd.us/vte



Support provided by: AAHD and the National Blood Clot Alliance. This content is for informational purposes only. Always seek the advice of qualified health providers with questions regarding medical conditions or treatments.