June 11, 2025

Honorable Susan Collins, Chair Senate Committee on Appropriations Room S-128, U.S. Capitol Washington, D.C. 20510

The Honorable Patty Murray, Vice Chair Senate Committee on Appropriations Room S-128, U.S. Capitol Washington, D.C. 20510The

The Honorable Tom Cole, Chairman House Committee on Appropriations H-307, U.S. Capitol Washington, DC 20515

The Honorable Rosa DeLauro, Ranking Member
House Committee on Appropriations
H-307, U.S. Capitol
Washington, DC 20515

Re: FY2026 Appropriations for the Lifespan Respite Care Program and the National Family Caregiver Support Program (OAA Title III-E) and Native American Caregiver Support Program (OAA Title VI-C)

Dear Chair Collins and Vice Chair Murray, Chairman Cole and Ranking Member DeLauro:

To address the growing need to support family caregivers who are the linchpin of the nation's long-term services and supports system, we, the undersigned national, state and local organizations representing all ages and disabilities, respectfully request that the House and Senate Subcommittees on Labor, Health and Human Services, Education, and Related Agencies and House and Senate Appropriations Committees provide \$20 million in funding for the Lifespan Respite Care Program, a funding level consistent with the bipartisan Member request led by Rep. Fitzpatrick and Rep. Dingell in a recent letter to the House Appropriations Committee. We are also requesting significant investments beyond current funding for the Older Americans Act Title III-E, National Family Caregiver Support Program (NFSCP) and Older Americans Act Title VI-C, Native American Caregiver Support Services These programs are administered by the Administration for Community Living in the U.S. Department of Health and Human Services. Respite and caregiver supports provided by these programs ensure a vital safety net for the nation's family caregivers of both children and adults.

These are challenging times for children and adults with disabilities, older adults, and their family caregivers. The critical shortage of qualified direct care professionals to provide home and community-based services and supports is threatening the ability of individuals with disabilities and older adults to live at home and in the community. Moreover, the ability of the more than 60% of employed family caregivers to balance work and family responsibilities has become untenable.

At the same time, the Administration for Community Living's 2022 release of the National Strategy to Support Family Caregivers offers concrete actionable steps to support family caregivers, and ensure that people with disabilities and older adults can continue to live at home and in the community with support from family members. We have a unique opportunity in the FY 2026 appropriations bill to build on the increased awareness and momentum generated by the National Strategy, and implement the National Strategy's sound and reasonable recommendations for enhancing caregiver supports.

Family caregivers provide the vast majority of our nation's long term services and supports at an estimated \$600 billion annually, permitting individuals to remain in their communities and avoid or delay more costly out-of-home placements.

Respite care has been shown to help alleviate the stress that may occur because of unsupported and ongoing caregiving responsibilities. In addition, National, State and local surveys have shown respite to be among the most frequently requested services by family caregivers. Yet, 86 percent of the nation's family caregivers of adults do not receive respite. The percentage is similar for parents of children with special needs. For family caregivers caring for someone with Alzheimer's disease, adults with developmental disabilities, individuals with Multiple Sclerosis (MS), ALS, traumatic brain injury, or rare diseases, as well as grandparents raising grandchildren and military and Veteran caregivers, respite is especially elusive. Families caring for children, teens and adults with autism, physical disabilities or mental health conditions also can't find or afford respite.

Family caregivers are not using respite care because of financial and access barriers. Lifespan Respite grants are unique in that they help states build respite capacity and improve quality by requiring states to focus on addressing respite provider training and recruitment and start-up of new respite services. The program also helps family caregivers who struggle financially to pay for respite, but are not eligible for any publicly-funded respite services.

The Older Americans Act Title III-E, National Family Caregiver Support Program (NFSCP) funds respite, counseling, support groups, and caregiver training for family caregivers, including older parents and relative caregivers of adults with disabilities. Despite documented positive outcomes for family caregivers reported in the NFCSP Outcome Evaluation from the Administration for Community Living, including the positive impact of respite and caregiver education on reducing caregiver burden, funding for NFCSP has not kept up with the increasing need in the growing older population.

In conclusion, these funding increases are necessary to meet the needs of people with chronic illness and disabilities, older adults, and their families who have been under fiscal constraints over the past decade and continue to face considerable challenges due to the escalating direct care workforce crisis. By investing in Lifespan Respite and other family caregiver supports, the goals of strengthening the wellbeing of the nation's family caregivers, and of avoiding or delaying costly out-of-home placements and hospitalizations, can be reached.

Thank you for your consideration of this request and for your support and recognition of the nation's family caregivers. If you would like more information, please contact Jill Kagan with the National Respite Coalition at ikagan@archrespite.org.

Sincerely,

National

Access Ready Inc

ACCSES

ADvancing States

Alliance for Aging Research

American Academy of Pediatrics

American Association of Caregiving Youth

American Association on Health and Disability

American Music Therapy Association

American Network of Community Options and Resources (ANCOR)

American Occupational Therapy Association

American Therapeutic Recreation Association

Autism Society of America

Autistic Self Advocacy Network

Autistic Women & Nonbinary Network

Christopher & Dana Reeve Foundation

CommunicationFIRST

Disability Belongs

Elizabeth Dole Foundation

Epilepsy Foundation of America

Family Caregiver Alliance, National Center for Caregiving

Family Voices National

Generations United

Lakeshore Foundation

Lupus Foundation of America

National Adult Day Services Association

National Alliance for Caregiving

National Association of Councils on Developmental Disabilities

National Association of Social Workers (NASW)

National Center for Pediatric Palliative Care Homes

National Disability Rights Network (NDRN)

National Council on Aging

National Down Syndrome Congress

National Military Family Association

National Respite Coalition

Pulmonary Hypertension Association

The Arc of the United States

The Self-Direction Center

The Sibling Leadership Network

United Cerebral Palsy

United Spinal Association

USAging

Well Spouse Association

Alabama

Alabama Lifespan Respite

Joy Bells Alzheimer's and Dementia Ministries

United Cerebral Palsy of Huntsville

<u>California</u>

Channel Islands Social Services

Inland Respite, Inc.

KARE Crisis Nursery, Inc.

ONEgeneration

Tri-County Respite Care Service

United Cerebral Palsy of the Inland Empire

Colorado

Colorado Respite Coalition

Special Kids Special Families

The Arc - Jefferson, Clear Creek & Gilpin Counties

Delaware

Modern Maturity Center, Inc.

<u>Idaho</u>

Idaho Family Caregiver Alliance
John & Junes Mission

<u>Illinois</u>

CJE SeniorLife
Illinois Respite Coalition, Inc.

Indiana

Agape Respite Care, Inc.

Massachusetts

AgeSpan, Inc.

Federation for Children with Special Needs Martha's Vineyard Center for Living Massachusetts Lifespan Respite Coalition Mystic Valley Elder Services Riverside Community Care South Shore Support Services

<u>Mississippi</u>

The Abigayle Adult Day Center

Missouri

Sandwiched KC

<u>Montana</u>

Montana Lifespan Respite Coalition

<u>Nebraska</u>

Nebraska Caregiver Coalition

<u>Nevada</u>

Nevada Lifespan Respite Care Coalition

New Mexico

New Mexico Caregivers Coalition

New York

Association on Aging in New York

Cayuga County Office for the Aging

Cortland County Office for Aging

Hamilton-Madison House

Heights and Hills

JASA - Brooklyn Caregiver Support Program

Lifespan Caregiver Wellness Respite Center

Lifespan of Greater Rochester, Inc.

New York State Caregiving and Respite Coalition

Schenectady County Senior and Long Term Care

Sundance Adult Day Program

University of Rochester Noyes Health Caregiver Support Program

Wayne County Department of Aging & Youth

North Carolina

Families and Communities Rising

The Center for Volunteer Caregiving

Ohio

Pause for Parents, Play for Kids, Inc.

Oklahoma

OKCares

Oregon

The Arc of Lane County

System of Care Advisory Council

South Carolina

Family Connection of SC

Leeza's Care Connection

South Carolina Respite Coalition

Tennessee

American Senior Care Centers, Inc.
Tennessee Association of Adult Day Services
Tennessee Caregiver Coalition

Washington

PAVE Lifespan Respite WA

Wisconsin

Barrier Buster Designs
Greater Wisconsin Agency on Aging Resources, Inc.
Respite Care Association of Wisconsin
The Respite Center (RISE Wisconsin)
Wisconsin Aging Advocacy Network
Wisconsin Family & Caregiver Support Alliance

CC:

The Honorable Shelly Moore Capito, Chair Subcommittee on Labor, HHS, Education, and Related Agencies Senate Appropriations Committee

The Honorable Tammy Baldwin, Ranking Member Subcommittee on Labor, HHS, Education, and Related Agencies Senate Appropriations Committee

The Honorable Robert Aderholt, Chairman Subcommittee on Labor, HHS, Education, and Related Agencies House Appropriations Committee

The Honorable Rosa DeLauro, Ranking Member Subcommittee on Labor, HHS, Education, and Related Agencies House Appropriations Committee